

## SPIRITUAL DISCIPLINES – SUMMER 2024

### 10. Mentoring

The final spiritual discipline is mentoring. God desires every Christian to move from being a disciple to being a disciple-maker. Who are you mentoring? Most of the time, we carry little self-confidence in being able to teach anything to others, much less the Christian faith. The apostle Paul instructed Timothy to pass on the torch of the faith when he said, *And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others* (2 Timothy 2:2). Notice the four generations in this one verse: Paul, Timothy, reliable men, and others. This is the pattern of perpetuity in realizing the Kingdom's inhabitants in every generation.

When we take the step to teach, we have to accept that we don't have everything figured out ourselves. That is not the qualification of a mentor. Later in our race, we will examine the qualifications of being a mentor, but for now, we need to be willing to devote time and patience to this discipline. Jesus spent three-and-a-half-years mentoring His apostles. They did life together, and He taught them through His words, His actions, and His example.

Discipleship doesn't just happen. It takes a lot of time and a lot of patience. Not every person we mentor will respond in the same way or grow at the same pace. This book was written in part to get the Christian community refocused on the basics of our faith. When we get back to the basics, we will then become the light that the author of our faith, Jesus Christ, called us to be. For the individual Christian, it all begins with committing to the spiritual disciplines.

Here are some questions for further reflection:

1. On a scale from 1-10, how would you rate yourself on this Spiritual Discipline?
2. What specific actions will you take to develop this Spiritual Discipline further?
3. Read the passages surrounding the verses referenced above and meditate on the Scriptural truths present in those passages.
4. Choose a verse to memorize this week.